

Growing Towards Wholeness

Supporting healthy student development



CatholicCare
SYDNEY



About the program

The vision of Growing Towards Wholeness is to provide children with Catholic, values-based, and life-affirming personal development in a safe, open, and professional manner.

With this program, students can learn and engage in open dialogue with their peers, parents, and trained facilitators. This allows them to build connections and communication at the family level.

Program delivery and resources

The program is delivered in the classroom setting by professionally trained and experienced facilitators.

Students are provided with workbooks used during the sessions, as well as activities once the sessions are complete.

Parent information sessions are a valuable resource for both parents and students. This optional session allows parents to be on the same page as the school in relation to the information being presented.

This allows parents to be better equipped to deal with changes that come with adolescence.

Students will have an opportunity to:

- ✓ Build a strong sense of identity
- ✓ Feel connected with and contribute to their world
- ✓ Become confident and involved learners
- ✓ Understand what effective communication is
- ✓ Think critically about choices which affect their development

What parents and carers say:

"It was helpful to know what material would be discussed with the students and to prepare for any questions they might have."

"I appreciated the advice to respond to their important questions when they ask and not let the opportunity to talk to them pass because we are too busy."

To register your school or request a Growing Towards Wholeness Syllabus contact us on:

☎ (02) 9707 8555

✉ natural@catholiccare.org

Scan the QR code to learn more and register your school:



Contact Us

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