

MRE Group Course Becoming One

Sacramental Preparation Calendar 2026

JANUARY

LW2601	14	17		
ZM2601	15	22	29	Feb 5

FEBRUARY

LW2602	4	7		
ZM2602	10	17	24	Mar 3
HH2601	11	14		
WY2601	11	18	25	
LP2601	16	22		

MARCH

ZM2603	5	12	19	26
LW2603	11	14		
HP2601	17	21		

APRIL

LW2604	8	11		
LP2602	13	19		
ZM2604	14	21	28	May 5
WY2602	29	May 6	13	

MAY

ZM2605	14	21	28	Jun 4
AS2601	25	30		

JUNE

LW2605	10	13		
LP2603	15	21		
ZM2606	16	23	30	Jul 7
HH2602	25	27		

JULY

LW2606	8	11		
ZM2607	9	16	23	30
HP2602	21	25		

AUGUST

ZM2608	11	18	25	Sep 1
LW2607	12	15		
AS2602	24	29		

SEPTEMBER

WY2603	2	9	16	
HH2603	10	12		
ZM2609	10	17	24	Oct 1
HP2603	15	19		
LW2608	23	26		

OCTOBER

LP2604	12	18		
ZM2610	13	20	27	Nov 3
LW2609	21	24		

NOVEMBER

WY2604	4	11	18	
HH2604	5	7		
HP2604	10	14		
ZM2611	12	19	26	Dec 3

DECEMBER

LW2610	2	5		
LP2605	7	13		

ALL SAINTS (code AS)

All Saints Catholic Church Liverpool "Loreto Place" 48 George St, Liverpool, NSW, 2170	Monday 7-9:30pm & Saturday 9:30am-4:00pm
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HORSLEY PARK (code HP)

Our Lady of Victories Parish, Horsley Park—parish hall 1788 The Horsley Drive, Horsley Park, NSW, 2175	Tuesday 7-9:30pm & Saturday 9:30am-4:00pm
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HUNTERS HILL (code HH)

Holy Name of Mary Parish, Hunters Hill 3a Mary St, Hunters Hill, NSW, 2110	Thursday 7-9:30pm & Saturday 9:30am-4:00pm
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LEWISHAM (code LW)

CatholicCare Mary Potter Centre 2C West Street (corner Thomas Street) Lewisham	Wednesday 7-9:30pm & Saturday 9:30am - 4:00pm
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LIVERPOOL (code LP)

CatholicCare Level 3, 203-209 Northumberland St Liverpool NSW 2170	Monday 7-9:30pm & Sunday 9:30am-4:00pm
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WAVERLEY (code WY)

Mary Immaculate Parish, Waverley 45a Victoria St, Waverley, NSW, 2024	Wednesday 7-9:30pm
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ZOOM ONLINE (code ZM)

Please read dates carefully—
Weeknight sessions 7-9:00pm

MRE Group Course Becoming One

Sacramental Preparation

Couples attending this group course have the opportunity to deepen their connection and understanding of the sacrament of marriage. They will discover evidencebased research on marriage and relationships, experiential activities, coaching by professional experienced educators and reflections on their roles as husband and wife in the context of Catholic marriage. To complete their preparation for the sacrament, couples share insights with the presenting priest, and learn the basics of the Sympto-thermal method of Natural Family Planning.

The Becoming One Group Course is suitable to couples ranging from younger engaged couples who may not be living together to those who have been in a relationship for a longer period of time, to couples considering marriage and wanting to strengthen their relationship skills.

The overall focus of the Group Course is shifting couples' focus to the Bigger Picture of building and sustaining a lasting healthy marriage within the sacrament. Key topics explored in the course are:

- Sacramentality of Marriage*
- Marriage and Fertility*
- 7 Principles for Making Marriage Work
- Family of Origin
- 5 Love Languages
- Influences in Conflict
- Communication Skills
- Building a Shared Vision of Marriage

***These presentations are compulsory for those requiring a Certificate of Attendance for the referring Priest.**



All venues have toilet facilities and wheelchair access. Please inform administrative staff at the time of booking if any assistance will be required.

If your preferred group is unavailable, you may be offered a group which is not advertised on this calendar.

Please note should a course be canceled or postponed, we will make alternative arrangements or provide a full refund.

Intimate II







Intimate II involves one couple meeting with a facilitator over 3 sessions of approximately 1.5 hours in length.

These sessions are more suitable for couples in a longer term relationship, who may have children together or from a previous relationship, and who may have been married before or have received an annulment. It is also suitable for married couples seeking to strengthen their relationship as they continue their sacramental vows.

The couple completes an online Prepare-Enrich Questionnaire prior to attendance. The online questions are chosen according to the unique couple relationship circumstances, for example, a second marriage, different cultural or religious traditions, parenting, intergenerational and health issues.

The resulting Customised report highlights the strength and growth areas of the relationship. The Prepare inventory is not designed to predict the future of a marriage, but is a tool which helps the couple to discuss specific issues, with the assistance of a professional facilitator. To find out more, visit: www.prepare-enrich.com. Referrals for additional support are also available.

Intimate II is offered in:

-  **Bankstown**
-  **Liverpool**
-  **Waverley**
-  **Lewisham**
-  **Sydney City**
-  **Zoom**

Times and dates are arranged between the couple and their facilitator. Please note that to allow sufficient time for report processing and allocation of facilitator, we need at least 8 weeks notice prior to your wedding date to complete the sessions.

Cancellation and Refund Policy

If you are unable to attend part of a course, please ring the office without delay to discuss alternative sessions you could attend, or arrange for a letter to be issued instead of a Certificate of Attendance.

The initial request to be transferred into a different course will attract no penalty, provided **7 days** notice is given by the client. Subsequent requests for transfer will attract a **\$60** administrative fee

Cancellations and Refunds

Becoming One

Cancellations requested 7 or more days before the first session of a group course attract a full refund. Cancellations requested less than 7 days before the first session of the course attract a \$60 administrative fee, and the remainder of fees is refunded.

Non-attendance without prior communication negates the possibility of a refund as the couple had taken a space in a course that would have otherwise been filled by another couple.

Intimate II

If the couple has not completed the Prepare-Enrich inventory, a full refund is provided.

If the couple completed the inventory and a report had been generated, a \$60 administrative fee is retained, and the remainder of fees is refunded.

Non-attendance without prior communication negates the possibility of a refund.

If a couple cancels a session less than 24 hours before a scheduled session, a \$100 administrative processing fee will apply to reschedule.

Course Fees

Group Course—Becoming One	\$420
Couple Course—Intimate II	\$550

A concession rate is available for holders of a current Commonwealth Government Healthcare Card.

Booking Information

-  **9509 1234**
-  **marriage@catholiccare.org**

Our business hours are
Monday to Thursday 9am to 4.30pm.

If all lines are busy, please leave a message with your name, phone number and nature of your enquiry, so that we are able to return your call.

For more information about the CatholicCare Marriage and Relationship Education program, please visit our website,

www.catholiccare.org

CatholicCare
SYDNEY