



Solidarity Program

The Solidarity Program is a unique opportunity for secondary school students to spend time learning and connecting with people who have an intellectual disability.

Our Centacare Work, Learn, Connect programs provide meaningful life skills training, preparation for employment and social opportunities for people who have an intellectual disability. Our aim is to overcome barriers to employment and promote social inclusion.

What is the Solidarity Program?

Students are invited to visit us at Centacare and join in the same classes and training sessions as our clients who have a disability. Classes are different each day ranging from cooking, painting or computer courses through to preparing for work courses such as typing lessons or packing and assembly practice.

Social Justice Outcomes:

- Students are given the opportunity to walk alongside people with intellectual and physical disabilities as they go about their daily activities.
- Students learn about the employee's lives and interests. They learn that people with intellectual disabilities deserve our dignity and respect.
- Students learn to engage with new people and situations, increasing their ability to ask questions and interact.

The Solidarity Program can become part of your school's Social Justice Program annually.

Participation in the program is a cost of **\$50** per student with a maximum group size of 10 students per day.

Appropriate for Years 9 and 10, male and female.

Staff Development Days

The Solidarity Program is also available for Staff Development Days. The program for the day can be tailored to include any key initiatives as directed by the school or Sydney Catholic Schools.

Funds raised from the Solidarity Program and Staff Development Days will help to directly fund CatholicCare Sydney and its programs to support people who live and work with intellectual disabilities.

For bookings and/or further information please contact:

CatholicCare Community Engagement Manager

T: 13 18 19 | E: community@catholiccare.org



2022 Schedule

9:00 – 9:30	Welcome Session We open the program with a prayer, introduce Centacare and what we do, discuss dignity when interacting with people with a disability and what to expect from the day.
9:30 – 10:30	Session 1 - Life Skills / Work Training
10:30 – 11:00	Morning Tea
11:30 – 12:30	Session 2 - Life Skills / Work Training
12:30 – 1:00	Lunch & Social Enjoy a shared lunch time with Centacare participants and if the weather permits play a game or sport together on the lawn.
1:00 – 1:30	Reflection and Debrief Join together again in prayer and reflection. Discuss as a group what was learnt from the experience.

* Please arrive at 8:45am for a 9am start



COVID Safe Measures

The safety of our clients, guests and staff is paramount.

To minimise the spread of COVID in the community and at Centacare, in accordance with COVID safe practices we ask that all visitors maintain a safe physical distance from others, practice good hand hygiene, and to wear a mask at your own discretion.

CatholicCare Sydney

As the social services agency of the Archdiocese of Sydney, CatholicCare works with the Sydney community to realise our shared vision - a society in which we all feel valued and supported.

Find out more about our work at catholiccare.org.

