



Centacare – Let’s get Musical

Program Content

Every class will include a vocal warm up, learning a song and the opportunity to sing solo in front of the group as participants build their confidence.

Weeks 1 – 3

- Participants will:
 - Learn how to sing Mamma Mia by ABBA
 - YouTube link: <https://www.youtube.com/watch?v=6OwPHD61Y3s>

Weeks 4 – 6

- Participants will:
 - Learn how to sing Sweet Caroline by Neil Diamond
 - YouTube link: <https://www.youtube.com/watch?v=YdW69V34GfY>

Weeks 7 – 9

- Participants will:
 - Learn how to sing Eye of the tiger by Survivor
 - YouTube link: <https://www.youtube.com/watch?v=zRHZWrWIXog>

Weeks 10 – 12

- Participants will:
 - Learn how to sing Living on a prayer by Bon Jovi
 - YouTube link: <https://www.youtube.com/watch?v=fDjhZva-6LE>

Program Delivery

- 2 classes per weeks with different groups
- New songs will be introduced every 3 weeks
- A chance to solo sing in every session
- Sessions to take place onsite at Centacare using unit 2

Program Goals

Develop confidence and creative expression. This will be achieved when the participants have a chance for solo singing near the end of each session.

Learning rhythm and pitch. This will be achieved when the participants learn how to sing the songs.

Connect with other participants and have fun. This will be achieved when the participants turn up to the session and interact with each other