



## **Counsellor – Carers Counselling Service**

- Help create a valuable new phone and online counselling service for carers
- Use your person-centred skills to promote wellbeing for carers
- Based in Lewisham - walking distance from Lewisham train station

### **About Us**

CatholicCare Sydney is the official social services agency of the Catholic Church in the Archdiocese of Sydney. We are a leading not-for-profit agency providing care and support to people in Sydney across a wide range of social services: Children and families, relationships, ageing, disability, employment, mental health and youth programs.

### **About the Role**

The counsellor will provide empathic, person-centred counselling to flexibly meet the needs of carers who are experiencing stress, anxiety, depression and low mood. The successful applicant will assist in testing, promoting and launching this new service for carers, performing intake, assessment and person-centred brief therapy services.

The role is full-time (part-time will be considered with a minimum of 7 shifts per fortnight required). Shifts for all roles are between 8.00am – 9.00pm Monday to Friday.

### **About You**

Critical to this role are your demonstrated skills in providing over-the-phone counselling and crisis support to clients, including carers.

You will also require knowledge of current Child Protection practice, Domestic Violence best practice and suicide protocol.

You will be an excellent communicator and team player and be able and willing to work flexibly and adapt to a changing environment.

While experience working with individuals caring for people with a disability, dementia and/or mental health concerns is not essential, it will be highly regarded.

If you have tertiary qualifications in counselling, Level 2 memberships of the Australian Counselling Association (ACA), and fit the above description, then we'd love to hear from you.

Experience in working with individuals caring for people with a disability, dementia and/ or mental health concerns will be highly regarded.

The position description and selection criteria for this role can be accessed in [Jobs at CatholicCare](#).

### What Can We Offer You?

- CatholicCare provides generous leave entitlements such as paid parental leave and study leave
- An Employee Assistance Program – this is a free and confidential counselling service
- Access to salary packaging – this allows you to have a proportion of your income tax-free and may increase your take-home pay.

### How to Apply

After reviewing the above selection criteria please email [jobs@catholiccare.org](mailto:jobs@catholiccare.org) the following:

- a brief letter addressing the selection criteria, describing how your skills, work experience, qualifications/training and personal attributes match each of the selection criteria; and
- a brief resume.

*(Applications that do not address the selection criteria or provide a resume only may not be considered).*

Applications close 4.00 pm on Monday 27 January 2019

### Need more information?

Contact Gerard Dunne on 9509 1226.

*CatholicCare requires the preferred applicant to undertake a National Criminal History Record Check prior to employment and will also require a Working with Children Check.*