



# Building Bully Shields

This 3 week course gives parents an insight into bullying behaviour and provides skills to build resilience in their children. The course helps parents work with their children to improve their protective strategies and responses to bullying behaviour.

Thursday evenings  
15<sup>th</sup>, 22<sup>nd</sup> & 29<sup>th</sup> March 2018  
6.30pm to 8.30pm

CatholicCare Lewisham  
Corner of Thomas and West Streets  
Lewisham

General cost \$30 per person per session or \$25 single parents per session or  
free for concession card holders  
Childminding Available \$5 per child or \$10 per family  
Gold coin donation for concession card holders  
Early childminding bookings essential

Please register in advance by calling 9509 1111