

## POSITION DESCRIPTION

### Physiotherapist (Clinical Therapies)

<b>DIVISION or PROGRAM:</b>	Home Care	<b>AWARD AND LEVEL (if applicable):</b>	Health Professionals and Support Services Award 2010
<b>DATE OF APPROVAL:</b>	November 2019	<b>APPROVED BY (Position Title):</b>	Executive Manager Clinical Therapist

## PURPOSE OF THE POSITION

To conduct age appropriate assessments and interventions of clients across Home Care Services. In conjunction with the client and/ or their carer identify goals for intervention and therapy for improvements in mobility and functional performance that promotes client independence, quality and enjoyment of life and engagement and positive experiences within the community.

## KEY ACCOUNTABILITIES

- Perform the duties of the role in accordance with CatholicCare's Mission, Vision and Guiding Principles
- Work within a multidisciplinary model to provide assessment and intervention for individuals, in conjunction with families and carers when appropriate to address functional and mobility issues
- Conduct functional, assessments relevant to the clients goals and diagnosis and or disability
- Provide recommendations for mobility equipment as per assessment and engage with external provider as required
- Plan, implement and evaluate individual restorative or maintenance exercise programs and provide timely written reports, including appropriate recommendations to assist with ongoing care planning
- In conjunction with the interdisciplinary team, provide education to clients and/or carers to prevent falls and functional decline
- Lead the Home Care team in the prevention and management of chronic oedema
- Provide information to clients and families about disability and reablement, and provide recommendations for further referrals where required
- Empower and enable clients, families and carers to access both specialist and mainstream community supports
- Work in collaboration with other team members to provide support and a consultative role in your area of expertise to the team and families as required
- Participate in multidisciplinary care as appropriate to the client
- Participate in the development of Home Care Division policies and procedures
- Follow all CatholicCare and program policy, procedures and processes
- Maintain allocated case load ensuring all documentation and reports are current, up-to-date and reviewed in a timely manner
- Meet activity targets for assessment and therapeutic interventions
- Attendance at and participation in team meetings, interagency meetings and professional development
- Undertake activities under the direction of the manager for ongoing expansion of the clinical therapies program

- Other duties as directed from time to time.

## KEY COMMUNICATIONS

This role works closely with the Clinical therapies and Home Care team (to receive guidance and exchange information), and clients and their families to build supportive relationships, with in the confines of external funding guidelines.

## KNOWLEDGE, SKILLS, QUALIFICATIONS AND EXPERIENCE (Selection Criteria)

1.	Ability to undertake the duties of the role in accordance with CatholicCare's Mission, Vision and Values
2.	Qualifications in Physiotherapy and registered with AHPRA
3.	Current NSW driver license and use of registered motor vehicle.
Desirable:	
4.	Experience in the assessment, and planning individual restorative or maintenance exercise programs for older persons
5.	Experience in falls prevention education
6.	Experience in oedema management
7.	Clear understanding of Aged Care funding models

\* CatholicCare reserves the right to vary this position description in response to its changing needs.